



# Tacoma Buddhist Temple

(Jodo Shinshu)

タコマ 仏教会 (浄土真宗)

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## MYOKYO 明鏡

(MYOKYO, the Bright Mirror of Buddha Dharma always illuminates our LIFE)

### September 2023

**Temple Mission Statement** *"To offer those in the Pacific Northwest an enduring community that values inclusiveness and acceptance in seeking enlightenment through Japanese Shin Buddhist teachings."*

### Sensei's Message



#### Fall Means Back to School!

**Rev. Tadao Koyama**

Happy September everyone! For many of us, fall season means back to school. Summer break is over, and the familiar setting of classrooms and textbooks become the norm once more. However, when we think about it, our temple continues to be a wonderful location where we all continue to learn on a regular basis.

Every time I conduct a service, I learn something new. I sometimes make a mistake, and have to correct myself, or hope that members don't notice. While I may pride myself on being a minister in the BCA, I must always strive to be a student. If I think that my robes and my status mean that I am done learning and that all I have left to do is teach, then I have completely failed as a Buddhist in general. I must always keep the mind of a student. It is important for me to learn from the Sangha as much as the Sangha learns from me.

Legend has it, that even the historical Buddha was not successful in his first encounter as an enlightened one. He first came across another holy man soon after his awakening under the Bodhi tree. He stopped and spoke with this man and claimed that he was fully enlightened and knew the road to enlightenment. The man replied to him, "Who is your teacher that proclaimed such a thing?" The Buddha replied, "No teacher, I just know that I am." The man looked at the Buddha for a while and said, "...it may be so..." and walked on without inquiring more.

We are taught of the first turning of the Dharma wheel when Shakyamuni Buddha encountered his original five ascetic friends who had previously abandoned him for accepting rice milk. Yet, it is important to remember that even the historical Buddha had to undergo a tumultuous spiritual journey as well. The same can be said for Shinran.

Shinran had to undergo so many challenges including ascetic practices on Mt. Hiei, being separated from his teacher Honen, and being banished to Echigo. At the beginning, while the nembutsu teaching was popular amongst the people, it certainly got him into a lot of trouble with the central powers of Kyoto. Yet, he kept his resolve in the nembutsu teaching and continued to teach. Yet, Shinran never proclaimed himself to be a great teacher. Certainly, all of us who follow his teachings and writings will make that claim. But if you read the

Kyogyoshinsho, Shinran would never say, “I am a great teacher, and you all need me in order to attain enlightenment”.

In his writings, he calls himself a “stubble headed fool” or “Gutoku”. He also calls himself “disciple of Shakyamuni”. Which is something we should all remember about ourselves. In a way, all of us are students of Shakyamuni Buddha as we rely on his teachings and compassion to live our best lives.

Time and time again, we need to check ourselves and think, “Am I going too far?” “Do I REALLY know what’s best for others?” Or am I just forcing my own opinion on them?” As many of us get ready for school again, let us remember that the journey of learning, and receiving knowledge from others, is a never-ending journey.

## President’s Message



*“When you take things for granted, the things you are granted get taken.”*

*--Unknown*

There are so many times in life when we take our good fortune for granted. The very things that give us joy or sense of purpose. A simple family dinner, reading a good book in your backyard, seeing a familiar barista at your neighborhood coffee shop, or taking an early morning walk. All simple activities that together give us a sense of place and belonging in our community.

I think of these things that I often take for granted, as I’ve read about the devastating wildfire in Maui. Where in addition to the tragic loss of life, there has been a devastating transformation for those still living. While most of us have no direct connection to those in the Lahaina community, I think collectively we can feel the pain felt by their residents. There are many worthy non-profits to aid their community – the American Red Cross, Maui Humane Society, Maui Food Bank to name a few. Our Tacoma temple, along with our BWA and YBA committees and several members have chosen to support the Honpa Hongwanji Mission of Hawaii, in support of our sister temple in Lahaina.

If you have the ability, I hope that you consider helping those in Maui, who if they are a bit like us a few short weeks ago may have also taken their good fortune for granted and now need our help to begin the process of restoring what they have lost.

Gassho,  
John

## Buddhist Women’s Association News



BWA had an eventful 2023 summer season! I want to thank everyone that supported BWA volunteering in the kitchen, collecting and donating to our Peanut butter and Jelly drive, making and purchasing Bento for our annual fundraiser and the tremendous effort to make nearly 1,000 mochi for Obon!



For those attending the NW District Convention – please remember that BWA will reimburse a portion of your registration for BWA members that attend. Reimbursement will be made after the convention.

In October, mark your calendars for the Fall Seminar and Eshinni & Kakushinni Memorial Service the weekend of October 7-8<sup>th</sup>. BWA will begin accepting donations for our fall Food & Clothing Drive in October and our general meeting is scheduled for October 22<sup>nd</sup>. Be ready for cabinet elections at the general meeting.

In Gassho,  
Denise Cline, Tacoma BWA President

## Dharma School News



First, I would like to give a big **THANK-YOU** shout out to **June Akita** for being our Dharma School (DS) superintendent for the past 3 years. Her passion and kindness made for a nurturing and compassionate environment that allowed each student and DS teacher to grow and learn. Thank you, June, for your tireless work, and thank you Jerry for facilitating all what June wanted to accomplish! We would also like to recognize and thank **Merlaine Cook** for her many years of teaching the Maitreya and Prajna classes, thank you for your dedicated service. We are always on the lookout for DS teachers, if you think you might be interested, please don't hesitate to contact either me (jyotsuuye@outlook.com), Coco Inoue ([coco\\_i@yahoo.com](mailto:coco_i@yahoo.com)), or any of the past and present DS teachers for more information.

Coco Inoue and I will be Co-Superintendents for TBT's Dharma School for the next 3 years, and though we do not have the tireless energy of June, we are looking forward to working with our wonderful Dharma School teachers and all the great DS children and teens at our temple.

September 10<sup>th</sup> will be our first day of DS. The class configuration will stay the same as last year.

**Lotus (9-12<sup>th</sup> grades)**, **Prajna/Maitreya (3-8<sup>th</sup> grades)** combined, and **Lumbini (birth-2<sup>nd</sup> grades)**.

Prior to our 1<sup>st</sup> service with DS on **September 10<sup>th</sup>**, our Young Buddhist Association (YBA) will be serving a **welcome back morning snack** downstairs in the social hall **starting at 9 AM**. If this is too early for you, the YBA will pack the leftovers into a snack pack for you to take home after service.

After the DS service and prior to the adult service on September 10<sup>th</sup>, the Security Committee will be giving a short presentation to the Sangha about Temple emergency drills. This will be followed up with a practice fire & earthquake drill on September 24<sup>th</sup>. We strongly recommend all DS students attend both days.

Welcome back and thank you to our wonderful DS teaching staff for volunteering this 2023-24 school year.

- **Lotus**: Alex Theisen and Kenji Shipp.
- **Prajna/Maitreya**: Kjirsten Winters, Meesa Pedrozo, and Gavin Morgan.
- **Lumbini**: Karen Yoshitomi, and me, Junko. **Arigato!**
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### September-October Dharma School Schedule:

<b>September</b>	3	NO DS	Labor Day Weekend.
	10	DS	First Day of DS/ show up early for morning snack.
	17	NO DS	NWD Convention Closing Service: Gathering.
	24	DS	All DS Students must attend Fire Drill Training.
<b>October</b>	1	DS	Class
	8	DS	Class
	15	DS	Class
	22	DS	Class
	29	NO DS	YBA Halloween Party! All DS Students welcome!

If there are any changes in the future, we will contact you accordingly.

Dharma School will begin at 10:00 with a message from Sensei, chanting, and gathas. Students and staff will then be dismissed to your classes. During DS, the adult service will take place in the Hondo. The adult service and DS will be over at approximately 11:30 and students will also be dismissed. Don't forget about showing up early on September 10<sup>th</sup> for a morning snack!

Please enjoy the rest of your summer and we look forward to seeing you on September 10<sup>th</sup>.

Gassho,  
Junko

## Young Buddhist Association News



Hello all!

I hope everyone is having a great summer so far! I'm so thrilled to have the honor of being President of YBA this year and am super grateful to Junko and Bobby for making it such an easy transition from Odessa to myself. It will definitely be a challenge to fill Odessa's shoes this year, but nonetheless, I am very excited!



Some YBA events that are coming up include:

- **First day off Dharma school/ Welcome back Breakfast 9/10:** YBA will be having a small breakfast that will be take place at 9:00 am prior to service. Everyone is invited and encouraged to come, it will be a time to socialize with others and welcome the new school year!

- **NWD Convention (Tacoma hosts) 9/15-9/17:** This overnight convention is hosted by your YBA and will hold many fun activities for other teens from other temples!

- **Dharma School Halloween Party 10/29:** We will be hosting fun games and activities as well as the infamous Candy Dash for the Dharma school kids! (Stay tuned for the confirmed date)

Also, thank you for all the support with our YBA t-shirt sale this year! We greatly appreciated all of the orders and hope you are satisfied with how they turned out. I know I sure am! Have a great rest of your summer and hope to see you all in the fall!

Gassho,  
Nao

## Buddhist Education Committee News



### ***Hear the Ringing Temple Bell (Temple life after Covid-19)***



A recent project that will be introduced at our NW convention this September is a collaborative gatha video with a new gatha soundtrack I composed. "Hear the Ringing Temple Bell" started as a suggestion by Kemi Nakabayashi (Seattle Betsuin) chair of the BCA Music Committee.

We formed just before the pandemic and were meeting on zoom with various committees. Kemi thought it would be great to have a new gatha that celebrates life after the pandemic. So, I wrote one!

Thinking from home, isolated and barely going out or talking with anyone, the first thought that came to mind was looking forward to hearing the kanshō "ringing of the temple bell" at the start of service, a way of calling all people to enter the hondo to listen to the Dharma.

*Hear the ringing temple bell, joyous sounding temple bell,  
Welcoming to one and all, temple life together.  
Open wide the temple doors, reunite the young and old,  
Share the Dharma and chant as one, precious moments together.*

Yes, the pandemic had taken its toll on all of us. We were not prepared for the total and unexpected changes to our normal daily lives.

*Times of trouble may shake our world, impermanence is real.  
Rely upon Amida's Light and Life and the Nembutsu.*

We now needed to rely on technology to “zoom” Sunday services. Thankfully we could spend a few minutes in “breakout rooms” to visit with other members we hadn't seen for so long.

For other temples like Idaho-Oregon Buddhist Temple, a fire in the basement in 2022 changed their temple life completely. Devastating fires on Maui destroyed 3 temples in Lahaina. I attended the Lahaina Hongwanji's Obon 10 years ago, one of the temples burned to the ground. Sadly, it will be some years before their members will again “hear the ringing temple bell.”

*Feel Amida's Light surround you, guiding us each day  
Hands together in gassho, the Nembutsu we say.*

The gatha video will showcase singers and instrumentalists from our NW temples. Photos will show our temples' paths through the pandemic to recent in-person Obon festivals.

We may take many things for granted but after seeing the devastation in Lahaina, we must always appreciate the sights and sounds of our temple. Enter the hondo and take it all in...

*Precious moments we treasure,  
Namo Amida Butsu*

Gassho,  
Donna Sasaki

## **Facility Committee Update**



During the dog-day afternoons of August hound dogs and cats were sleeping and dreaming of chasing critters. However, yellow jackets and your facilities team were buzzing with activity while accomplishing routine tasks exterior of the temple.



Rick Tanabe, Delbert Sasaki, Jeff Hiroo, and Mike Shiogi are ganging up and attacking all the grounds maintenance responsibilities that come their way.

Due to the efforts of Lynrae Hubbell, anybody looking for “treasures” on Fawcett Avenue and Court D Street will end up high and dry. Litter might as well sprout legs and skedaddle because it doesn't stand a chance with Lynrae's mission to keep the area clean. David Yotsuuye, Robert Yotsuuye, Gary Ichinaga, Tom Hubbell, Tony Gregg, Rick Tanabe, and Del Sasaki are crucial in keeping our facilities program in order.

~Dave



## Toban News    Upcoming Dates:



**September 10**      Dharma School Starts, Fire & Earthquake Presentation, **Breakfast 9 AM**  
**September 15 -17**      NW District Convention, Double Tree Inn, Tacoma Hosts  
**September 24**      Fall Ohigan Service, Fire & Earthquake Drill, Coffee Hour  
**September 24**      Board Meeting, 8:30 (rescheduled)  
**September**      September Toban set up Temple Clean up with October Toban

**October 7**      Fall Seminar  
**October 8**      Eshinni & Kakushinni Memorial Service, Origami with Josiah Cook  
**October 15**      BWA Food & Clothing Drive Starts, Board Meeting, 8:30, Coffee Hour  
**October 22**      BWA General Meeting, Dharma School  
**October 28**      BWA Daifuku Mochi  
**October 29**      Halloween party after service  
**October**      October Toban set up Temple Clean up with September Toban

**TBD**      Fall Craft & Food Bazaar  
**November 18**      Spirit, Mind, & Body, 9 AM  
**November 19**      Board Meeting, 8:30, Eitaikyo Service, Coffee Hour  
**November 26**      BWA Coffee & Craft  
**November**      November Toban set up Temple Clean up with December Toban

**COFFEE HOUR UPDATES:** Toban Chairs - September (John & Crystal Inge), October (Alex Theisen), November (Kara O'Toole & Kt Hendrie), December (Jeff & Vivian Hiroo)  
**September 24, October 15, November 19, December 10**

**All Toban Chairs:** Please email or call your Toban Groups to let them know of the above activities, especially for the set-up and clean-up of temple events occurring during your Toban months. Also arrange times for the monthly clean-up of the temple.

**Clean-up duties and supply list are posted in the kitchen ONLY. NEW PORTABLE VACUUM CLEANERS ARE LOCATED IN THE CLOSET BEHIND THE ALTAR.**

**Coffee Hours:** All coffee hours will be held in the social hall for now. Set up tables and chairs (take down after it's over). Provide coffee, tea, etc. Snacks can be made, or store bought.

**Questions/concerns,** please contact Michael Shiogi (253) 226-5812, [mshiogi@comcast.net](mailto:mshiogi@comcast.net) or Tracy Ling (253) 370-0933, [ting12005@gmail.com](mailto:ting12005@gmail.com)

### SEPTEMBER TOBAN

John & Crystal Inge  
 Emma & Kate Inge  
 Rick Tanabe  
 Carrie Mori  
 Alan Oshima (email)  
 Edward & Yoshie Mayeda

### OCTOBER TOBAN

Alex Theisen  
 Kim & Cindy Nakamura  
 Todd & Marcia Nakamura  
 Vicki Yoshioka  
 Harumi Sasao  
 Don Arima & Susan Bogni  
 Asako Arima (call)  
 Danny Otsuka (call)

### NOVEMBER TOBAN

Kara O'Toole & Kt Hendrie  
 Merlaine & Josiah Cook  
 Claire Silver  
 Gavin Morgan  
 Tom & Lynrae Hubbell  
 Fujiko Yoshikawa  
 Nancy Butterfield

THANK YOU FOR YOUR SUPPORT AND HELP WITH OUR TEMPLE.

Tracy Ling/Michael Shiogi



## Library News



### Spotlight in the library:

*The Three Jewels* Sangharabshita Bhikshu

*Coffinman* Aohi Simmon

*Out of the Mud Grows the Lotus* Fijemita Hogan

*Crooked Cucumber: The Life of a Zen Teacher* David Chadwick

## Greeter's List

<b>September</b>	<b>3</b>	<b>No Service</b>
	<b>10</b>	David Campbell/Gavin Morgan
	<b>17</b>	<b>Service at NWD Convention</b>
	<b>24</b>	Del Sasaki/Patti Wong
<b>October</b>	<b>1</b>	Jeff Hiroo/Coco Inoue
	<b>8</b>	Kara O'Toole/Kt Hendrie
	<b>15</b>	June & Barry Weled
	<b>22</b>	Mike Shiogi/Debby Abe
	<b>29</b>	Tom Hubbell/Lynn Blick
<b>November</b>	<b>5</b>	Mayumi & Kevin Ikeda
	<b>12</b>	David Yotsuuye/Bobby Yotsuuye

## Greeter's Notes

Please have new visitors sign in their name and give them the following booklets:

- Temple Information Booklet
- Messages from the Buddha (mini booklet with pale pink or a white/green cover)
- 1/2-page list of Temple Activities & "Want More Info."
- Extra supplies are in the ministers' room off the hondo.

Lastly, please do a headcount and enter it in the attendance sheet in the visitor folder.

If you are not available on the day you are assigned, please find your replacement.

## Yearly Memorial Service

### General Memorial Service Years for 2023

1 <sup>st</sup> Year – 2022	17 <sup>th</sup> Year – 2007
3 <sup>rd</sup> Year – 2021	25 <sup>th</sup> Year – 1999
7 <sup>th</sup> Year – 2017	33 <sup>rd</sup> Year – 1991
13 <sup>th</sup> Year – 2011	50 <sup>th</sup> Year – 1974



### September 2023

3 <sup>rd</sup> Year	Shoko Yamasaki	September 1 <sup>st</sup> , 2021
17 <sup>th</sup> Year	Kazuko Jinguji	September 22, 2007
25 <sup>th</sup> Year	Dolores Marcella Bush	September 16, 1999

## October 2023

1<sup>st</sup> Year Hanako Yoshida  
1<sup>st</sup> Year Yasuko Morita  
17<sup>th</sup> Year Rex Harrison  
50<sup>th</sup> Year Shina Asai  
50<sup>th</sup> Year Heiichi Asai  
50<sup>th</sup> Year Sadayoshi Matsumoto

October 10, 2022  
October 27, 2022  
October 3, 2007  
October 1, 1974  
October 11, 1974  
October 16, 1974

## November 2023

33<sup>rd</sup> Year Ray Konishi

November 16, 1991

**Book Club**  
**Thursday, September 14**  
**7 pm @ King's Books**

**Women of the Way: Discovering  
2500 years of Buddhist Wisdom**

**Sallie Tisdale**

**Book Club**  
**Thursday, October 12**  
**7 pm @ King's Books**

**Transformative Encounters:  
Encounters With....**

**Senauke**

*Welcome New Members!!*

## Joel Robison



### **Where were you born and raised?**

I was born the youngest of our family's four children and raised in Monmouth, Oregon. Monmouth is a small rural town near Salem, surrounded on all sides by expansive picturesque grass-filled pastures and foothills. I have lived here in Tacoma for the last five years and have grown to love the city life and think of it as my new home base.

### **Why have you chosen to join the Tacoma Buddhist Temple?**

When I graduated from college, I realized I lacked a real structure or vitality in regard to my spiritual practice and beliefs. The years of not knowing exactly what it was I believed in, ultimately created a deep sense of nihilism in me. I knew that I believed in something and I knew that I could not commit to a practice whose ideology I couldn't support. I studied religion in school and knew that Buddhism especially spoke to those virtues I want to develop and continually practice to lead a more fulfilled life. Once I made the choice to make spirituality a regular part of my life, I knew



that Buddhism best fit my own ideals and allowed for greater flexibility and ambiguity that most dogmatic religions avoid. I knew that I was only limiting my own knowledge and connection by practicing by myself, so I decided to visit the temple. After my first visit, I felt an overwhelming sense of community, acceptance, and peace. Through conversations along with learning the Dharma with the rest of the Sangha, I knew that Tacoma Buddhist Temple was the community I wanted to contribute to and be involved in.

**Do you have any skills or interests that can add to the Temple and the Sangha?**

I was involved in choir all through my collegiate and high school years and have a love for singing. I also love to craft as well as design all sorts of things from department websites to my apartment's decor. My current occupation is in the data and systems management field and would love to help build, maintain, or make more user-friendly the member database. I love to learn and have an affinity for research and problem solving.

**What is the one thing you want the Temple to know about you?**

I want the temple to know how grateful I am that as a queer individual, I have been warmly welcomed and accepted and celebrated at the Tacoma Buddhist Temple. It is important to know that from time to time it's difficult for me to break the ice, but I am very open and love to connect with new people. I am so looking forward to getting to know you all better!

\*\*\*\*\*

**Brian Laughlin**



**Where were you born and raised?**

Born and raised in Richmond, Virginia.

**Why have you chosen to join the Tacoma Buddhist Temple?**

I chose to join Tacoma Buddhist Temple because I am seeking more community in my life, and I am drawn to the history, culture, philosophy, and resilience of the TBT community.

**Do you have any skills or interests that can add to the Temple and the Sangha?**

Skills and interests include emergency management, strategic planning, and history.

**What is the one thing you want the Temple to know about you?**

I enjoy learning the stories of others but am shy and reserved at first so please feel free to say hello. I look forward to connecting with each of you.



Eatonville cemetery clean-up crew

**Tacoma Buddhist Temple Board of Directors Meeting Minutes  
July 16, 2023**

**In Attendance:** John Inge, Lynrae Hubbell, Mike Shiogi, Kaila Yoshitomi, June Akita, Jim Doyle, Jane Burster, Tom Hubbell, Denise Cline, David Yotsuuye, Alex Theisen, Mayumi Ikeda, Rev. Koyama, June Weled, Tracy Ling, Ken Tanino  
**Excused:** Bobby Yotsuuye, Odessa Cook, Gavin Morgan, Nate Foote, Kara O'Toole

**1. Meeting called to order at 8:34 am. – president, John Inge**

**2. Nembutsu – Rev. Koyama**

**3. June 18th, 2023 Board Meeting Minutes**

**MOTION:** Jim moved to approve the board meeting minutes. Lynrae seconded the motion. Motion approved by the board.

**4. Minister's Report – Rev. Koyama; report in Google Drive**

- Memorial Requests being honored
- Obon season in progress
- Oregon supervisory duties have begun
- Tokudo training in So.Cal has concluded
- Discussion of joint Ho-onko service in Seattle next year

**5. President's Report – John Inge; report in Google Drive**

- MOU for Sensei's coverage of Portland's temple has had some updates and it has been signed by our side and waiting for Oregon's board
- BEC, Membership, and Communications teams will meet to discuss a temple booth at Moon Festival

**8. Organization/Committee Updates: All reports in Google Drive**

- Finance update:
- first reimbursement from Oregon for Sensei's mileage has arrived which will be a separate line item
- Kaila and Ken have been working with the bank to allow night deposits in multiple locations to support large events
- Pledge Administration clarification, about members being allowed to pay pledges until the end of the year and reaching out to members who have pledged but have not paid anything
- Rev. Koyama shared that he has been seeing success with having meals here after the seminars and the cost of the food is being covered by the donations

**6. New Business:**

- Temple Safety Protocol Update
- August 13, Sunday, practice presentation
- Presentation to sangha at large on Sunday, September 10 the first day of DS, real presentation to the sangha, students
- On Sunday, September 24, we will have a Fire & Earthquake Drill together
- Kevin proposed a motion for a budget approval for up to \$1200 for emergency preparedness supplies, Lynrae seconded, motion passed unanimously

## **7. Old Business:**

- New Membership Initiative Plan
  - Spirit, Mind, Body group met and came up with a tentative schedule. They will be on Saturdays or Sundays depending on the class.
    - Yoga for family every third saturday of the month October through May
    - Sumie painting in November
    - Ukelele in January
    - Chanting in Feb
    - Onenju making in March
    - Meditation in April
    - Mother's Day arrangement for May
  - They will need their own bucket of money regarding finance
- Facilities Security Options
  - No new updates at this time
- Obon Odori
  - Discussion of security and comparison of security at Seattle's Obon
  - Sound system supplier found for half the cost the board approved
- Convention, 9/15-9/17
  - Board members can register and pay, then get a reimbursement for your registration from the temple. BWA members cost \$50.
  - Registration, booster money, an ad, they can all be on the same check and Kaila will mark them correctly, please make sure all of your papers are together with that check
  - Discussion of one Minister's Assistant/or Tokudo ministers giving talks as well

## **9. Alex's Activities:**

- Action List Reminders updated and followed up on

## **10. From the Floor:**

- Board meeting in September moved to 09/24 because of convention. We all agreed to approve the board meeting minutes by email for the myokyo deadline in September.
- Next year's calendar planning from Denise: Proposed that Hanamatsuri potluck be switched for the Parent's day/graduation meal with YBA, that seems to be a good plan with everyone
- Books donated to the temple, how will we utilize them after sensei weighs in
- Aug. 12th Softball Game with Renton, volunteers to play should email Bobby Yotsuuye

## **11. Tag Up:**

### **Open forum for board members to discuss concerns observed or miscommunication**

- N/A

## **11. Announcements/Services Schedule:**

- July 22<sup>nd</sup> – BWA Daifuku mochi
- July 23<sup>rd</sup> – Hatsubon & Urabon Service
- July 29<sup>th</sup> – Obon
- July 30<sup>th</sup> – no service
- August 6<sup>th</sup> – Sunday Service – Erik leading
- August 9<sup>th</sup> – Jodo Shinshu 101
- August 10<sup>th</sup> – King's Books – Book Club      August 13<sup>th</sup> – Sunday Service

## **12. Meeting adjourned at 9:56 am. Moved by Jim and seconded by Tom.**

Respectfully submitted,

Alex Theisen









### **Tacoma Buddhist Temple bring it Home August 12<sup>th</sup>.**

With more than 20+ players showing up to re-take the Annual Temple Softball trophy, Tacoma came out on top after a very entertaining and enjoyable Saturday morning. This year White River Temple joined the tournament and gave everyone a run for their money. After a round robin series leaving all three temples with a record of 1-1, it was the point differentials that decided the tournament final series between Tacoma and Seattle. After 4 innings it was a tie score, it was in the 5<sup>th</sup> that Tacoma's bats came to life and managed to pull it out at the end with a final score of 13-8, Tacoma came out on top. All 3 reverends: Katsuya Kusunoki Sensei of Seattle, Rev. Cyndi Yasaki of White River, and our own Rev. Tadao Koyama of Tacoma all showed up and played well for their temples but Coach Kevin Ikeda masterfully managed and utilized the entire team effectively to position Tacoma to take home the trophy. Otsukaresama-desu!





**Tacoma Buddhist Temple  
presents  
2023 Fall Seminar**

**Our Special Guest Speaker  
Rev. Blayne Higa  
Resident Minister of  
Kona Hongwanji Buddhist Temple**



**Realizing Buddha's Nature, Awakening to our Own:  
Finding Wholeness and Healing in Shin Buddhism**

**Date: Saturday, October, 7**  
**Time: Seminar 2pm-4pm, Dinner 5pm-7:30pm**  
**Place: Tacoma Buddhist Temple Social Hall**  
**1717 Fawcett Ave, Tacoma, WA 98402**  
**Cost: Seminar is Free, Dinner \$15 suggested donation**

The "entrusting heart" of Shinjin is a growing experience nurtured in the soil of our everyday lives. We are continuously being made aware of our limited and imperfect self, which is embraced by Amida Buddha's infinite wisdom and compassion through the joys and sorrows of life. Shin Buddhism offers a realistic path of wholeness and healing for those of us who are trapped by the myth of perfection. Let's explore how Shin Buddhist spirituality offers hope for the hopeless.

Register via the QR code!







## \*September 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 No Sunday Service	4 <i>Labor Day</i>	5	6	7	8	9
10 Sunday Service 10 am First day of Dharma School Safety presentation after service	11	12	13 <i>Study class</i> <i>Via Zoom at 6 pm</i>	14 <i>Book Club at</i> <i>King's Books 7 pm</i>	15 <i>NW Convention</i>	16 <i>NW Convention</i>
17 <i>NW Convention</i> Sunday Service at 9:30 AM	18 <i>Myokyo Deadline</i>	19	20	21	22	23
24 <i>Board meeting 8:30 am</i> Sunday Service/Bishop's Memorial/ Fall Ohigan 10 am Dharma School after service	25	26	27	28	29	30

## \*Octoberber 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 Sunday Service 10 am	2	3	4	5	6	7 Fall seminar 2 pm-4 pm Rev. Blayne Higa Seminar Dinner 5 pm-7:30 pm
8 <i>Eshinni/Kakushinni Service</i> 10 am Guest Speaker Rev. Blayne Higa Dharma School After Service Origami Workshop after DS	9	10	11 <i>Study class</i> <i>Via Zoom at 6 pm</i>	12 <i>Book Club at</i> <i>King's Books 7 pm</i>	13	14 <i>Spirit Mind and Body</i> Yoga For Compassion 9 am Temple Social Hall Taught by Kara O'Toole
15 <i>Board meeting 8:30 am</i> Sunday Service 10 am Dharma School After Service Coffee Hour 11 am BWA Food/Clothing Drive	16 <i>Myokyo Deadline</i>	17	18	19	20	21
22 Sunday Service 10 am Dharma School After Service BWA meeting after service	23	24	25	26	27	28 <i>BWA Daifuku Mochi</i>
29 Sunday Service at 10 am Halloween party after service (Tentative)	30	31				



# Tacoma Buddhist Temple's Spirit, Mind and Body Health Series

## Origami with Josiah Cook, Sunday, October 8<sup>th</sup>, after Sunday Service.

During Covid, Josiah taught an online class showing participants the intricate ways of making origami. He's back! In this class we will be covering the history of origami, how it ties to Buddhism, how to begin folding, and the limits of what is possible to fold. This lesson will cover the basics of folding, including the commonly used types of folds, simple models and more.



**What to Do:** come to Sunday Service and then head to the social hall. Paper will be donated by the BWA and Dharma School. No previous experience needed! (Right: Example of his dragonfly.)



Instructor: Josiah Cook

Josiah and his mom, Merlaine and sister Odessa are members of the Temple. Josiah attends the University of Washington at Tacoma and obviously has a talent for and enjoys the art of origami.

## Yoga For Compassion, starting October 14<sup>st</sup> – in Person and on Zoom.

Members and non-members are invited to join this gentle seated yoga class for all levels of experience and all ages. It is a place for anyone to begin their yoga practice or to reconnect with their yoga roots. In Yoga for Compassion, you will learn the fundamental benefits of yoga practice and experience connecting movement and breath. The class will begin seated in a chair and then progress to standing (if you choose). To participate in person at the Tacoma Buddhist Temple social hall, use the alley entrance. 8:45 kitchen door opens; 9:00 am start. To join via Zoom, please email Tracy Ling for the form.

**Dates:** October 14, November 18, December 16, January 20, February 17, March 16, April 20, May 18



**Instructor: Kara O'Toole**

Kara and her family are active members of the Tacoma Buddhist Temple. She received a Master of Fine Arts in Dance from the University of Washington and was a professional dancer. She has been a yoga and dance teacher for more than thirty years, specializing in Gentle Yoga and Dance for Parkinson.

**To register:** please complete the form online at [tacomabt.org](http://tacomabt.org) or email Tracy Ling at [tling12005@comcast.net](mailto:tling12005@comcast.net) for registration information. Thank you!